

PART ONE: HOWARD GARDNER'S MULTIPLE INTELLIGENCES

Gardner's framework identifies eight distinct intelligences. The key clinical finding in this profile is not any single score but the integration — Gardner documented that rare individuals use one intelligence as a scaffold for another. Three intelligences score 10 in this profile: Bodily-Kinesthetic, Musical, and Linguistic — all supported by direct expert testimony across multiple teachers and traditions, and by sustained professional output at international level.

INTELLIGENCE	DOCUMENTED EVIDENCE FROM RECORD	SCORE /10
Linguistic	A+ in Hebrew across 5 semesters. MFA thesis. Harvard Law Negotiation Journal article. Lived Experience University archive. Memoir writing. Original theoretical frameworks (Cardiac Theory of Gaslighting, Solar Plexus Theory of Gaslighting). French: acquired through 9–10 months relational immersion in Paris — no formal instruction; confirmed fluent when a native French speaker assumed she was local. Hawaiian: 4 years intensive study; teacher testified that if more students were like her, the Hawaiian language would recover rapidly. Two books written in Hawaiian. Turkish: acquired functionally in one week for workshop delivery. Spanish: functional fluency through 5 years workplace immersion. Slovenian: active study, language of lineage reclamation.	10
Logical-Mathematical	A+ in Calculus; A+ in Accounting and Economics; dual BA in Business Economics; financial management of nonprofit and small company; investment portfolio self-management; pattern recognition in clinical records (Brady/Giglio framework); forensic annotation tables. Grade school: highest scorer on each times tables test. High school: Dr. Zaharias returned a math test with full credit — she arrived at the correct answer through an original independent method; he named it as valid mathematical reasoning.	9
Bodily-Kinesthetic	MFA from CalArts. Decades of professional choreography. Gymnastics training. Marcel Marceau School of Mime — acceptance and training. Equestrian. Somatic practice as healing methodology. In-Tuit/In2It Technique. Mime, pantomime, modern and ballet from elementary to advanced. CINE Golden Eagle Award. Corwin Choreographic Award. International performances in Turkey, Vienna, Slovenia, France, New York, Connecticut, Massachusetts. Kinesthetic field absorption as primary learning modality.	10
Spatial	Visual art (drawings, paintings, ceramics). Dance Light Design A+. Hand-drawn forensic spatial sketches as legal documentation tools. Set and staging design. Chalkboard conceptual mapping as primary learning tool. Color affecting cognitive access. Automatic drawing producing pre-verbal somatic records ('Grandma,' 'I Can't Tell') presented in published paper alongside five comparative artists.	9

INTELLIGENCE	DOCUMENTED EVIDENCE FROM RECORD	SCORE /10
Musical	Piano: named gifted by piano teacher; first self-taught piece was Bach — reached immediately for structure and counterpoint without instruction. Guitar: teacher stopped unsolicited to say 'you are talented.' Tablas: named the most gifted student in a highly technical percussive tradition. Composer of all soundscapes for dance works. Chromosome deletion X artist project: heard and comprehended a non-conventional musical language that trained professionals could not receive; choreographed a dance for her music and presented it at a professional festival in New York.	10
Interpersonal	Assistant University Ombudsperson at UCSB. Nonprofit founder. International cultural exchange work in Turkey, Vienna, Slovenia, France. Economics tutor. Au pair in Paris — family said there could never be another 'Annette.' Community organizing. Coercive control pattern recognition applied in advocacy for others. Chromosome deletion X project as interpersonal act of witness.	9
Intrapersonal	Deliberate name reclamation as identity act. Original theoretical frameworks developed from lived experience. In2It healing methodology. Decision to remember as conscious methodology. Self-directed forensic legal advocacy. Decades of somatic self-inquiry. Shamanic practice. AIRFA recognition as Traditional Hawaiian Cultural Practitioner. Slovenian citizenship pursuit through extraordinary circumstances pathway.	9
Naturalist	Lifelong nature practice described as 'almost my center.' Equestrian. Sauna and cold water alternation as nervous system regulation through environmental attunement. Land-based Hawaiian language emergence. Shamanic environmental practice. Herbal self-treatment. Decades of hiking. Naturalist intelligence documented as unlocking linguistic and intrapersonal channels simultaneously.	9

PART TWO: THE SCAFFOLDING — HOW THE INTELLIGENCES OPERATE AS ONE SYSTEM

Gardner documented that in rare individuals, one intelligence acts as a scaffold for others — not a collection of separate abilities but an integrated architecture.

The Architecture

- ▶ **Body is the ground.** Kinesthetic intelligence is where information arrives first. ‘The Body Knows First’ is not a metaphor — it is a documented epistemology.
- ▶ **Visual art is the language of the unconscious.** Mentor Alice Condodina stated directly: ‘You can’t really comprehend your dances unless one sees your drawings, your art.’ This was not praise. It was a structural observation — the visual art and the choreography are one system, not two.
- ▶ **Poetry is the bridge.** Language behaving like a drawing — at the intersection of the Linguistic 10 and the visual/somatic ground.
- ▶ **Music is the architecture of feeling.** Pattern, structure, rhythm beneath words. The musical ear that acquired French through relational immersion and recognized the chromosome deletion X artist’s language are the same instrument.
- ▶ **Movement is the synthesis.** Where visual and musical intelligence merge in the body and become visible to others.
- ▶ **Language and writing are the transmission layer.** Theoretical frameworks, legal testimony, academic papers, memoir, the Harvard article, the Hawaiian books. The body knows it. Visual art holds it. Poetry bridges it. Music structures it. Movement embodies it. Writing carries it outward.

“Visual art is the cave man talk — it is the language of the subconscious and the language of the unconscious. And poetry is as well.”

Writer as Formal Intelligence

Writer belongs formally in this profile alongside choreographer, theorist, and cultural practitioner. The theoretical frameworks, the self-directed legal briefs, the academic papers archived at the Internet Archive, the memoir in progress, and the Harvard Law Negotiation Journal article represent a distinct literary voice operating across multiple registers: scholarly, testimonial, somatic, and poetic.

PART THREE: HISTORICAL PARALLELS

'Iolani Luahine is listed first as the most direct ancestral and spiritual parallel. The remaining figures share structural overlap with this profile across the documented variables.

FIGURE	INTELLIGENCE PROFILE	FEMALE & PETITE	MIXED RACE	HIGH ACE / TRAUMA	BUILT OWN INFRA	PARALLEL NOTES
'Iolani Luahine (1915–1978)	Kinesthetic · Musical · Linguistic (chant, oli) · Intrapersonal (sacred practitioner)	Yes	No (pure Hawaiian — ali'i lineage)	Yes — hanai adoption; colonial suppression of hula as direct ACE; Kamehameha Schools forbade hula; practice was illegal under missionary law within living memory of her teachers	Yes — opened own studio 1946; no institutional funding; held sacred knowledge outside the dominant cultural infrastructure	Most direct ancestral and spiritual parallel. Descended from royal dancers of King Kalākaua's and Queen Lili'uokalani's court. Named 'Iolani (heavenly hawk) by a kahuna nui. When she danced it was said she channeled thousands of years of ancestors. Called 'high priestess of the ancient hula' by the NYT. Ted Shawn called her 'an artist of world stature.'
Isadora Duncan (1877–1927)	Kinesthetic · Musical · Linguistic (writer, theorist)	Yes Petite frame	No (Irish-American)	Yes — father's fraud and abandonment, extreme	Yes — founded own schools in Germany and	Built modern dance from nothing. Wrote her own theory.

FIGURE	INTELLIGENCE PROFILE	FEMALE & PETITE	MIXED RACE	HIGH AGE / TRAUMA	BUILT OWN INFRA	PARALLEL NOTES
				poverty, parental strife, loss of both children	Paris with no backing; self-funded tours; died in poverty	Taught to pay the bills while making work.
Martha Graham (1894–1991)	Kinesthetic · Linguistic (theorist) · Spatial	Yes Small stature	No (Scottish-Irish)	Difficult childhood; father's authority as primary shaper; turbulent personal life across career	Yes — founded Martha Graham Dance Company 1926 with no resources; taught for income for decades	Created an entirely new movement vocabulary and the theoretical language to name it. Called wrong before the field caught up.
Josephine Baker (1906–1975)	Kinesthetic · Musical · Linguistic (multilingual)	Yes 5'3"	Yes — Black/mixed race	Extreme — fatherless, poverty, domestic servant at 8, scalded by employer, witnessed East St. Louis race riots at 11, married at 13	Yes — self-managed; produced own shows; ran Château des Milandes independently	Left the US because American institutions would not hold her work. Multiple languages through immersion only.
Frida Kahlo (1907–1954)	Spatial/Visual · Linguistic (diarist, theorist) · Intrapersonal	Yes 5'3"	Yes — German-Hungarian/Indigenous Spanish-Mexican; identified fiercely as mestiza	Extreme — polio at 6; near-fatal bus accident at 18 (spine shattered, 30+ surgeries); coercive marriage;	Yes — self-taught; painted from bed in a body cast; work unknown outside Mexico for 30 years	Visual art was her primary language of the unconscious. Rejected the Surrealist label on her own terms.

FIGURE	INTELLIGENCE PROFILE	FEMALE & PETITE	MIXED RACE	HIGH ACE / TRAUMA	BUILT OWN INFRA	PARALLEL NOTES
				chronic pain throughout life		

Notes on the Comparison

The pattern across all five: the intelligence preceded the infrastructure. The work was built before anyone provided a container for it. The recognition, when it came, came late.

One variable not present in any of the five at the same intersection: the combination of Hawaiian and Slovenian diaspora heritage, ali'i lineage, AIRFA recognition as a Traditional Cultural Practitioner, and active forensic legal self-advocacy using the same intelligence that produced the artistic work. This combination has no historical parallel in the record. It is its own category.

PART FOUR: INTELLIGENCES BEYOND THE GARDNER FRAMEWORK

Sacred Intelligence / Mystical Knowing

The work was ultimately a sacred practice. Ali'i lineage, AIRFA recognition, shamanic practice, and the ancestral framework are all expressions of a single orientation: that the work connects the maker to something larger than the maker. Documented expressions include: NDE with long-term neurological integration; out-of-body experiences; shamanic circle practice twice weekly; the In-Tuit/In2It methodology; and the solar plexus as a documented receiver of information — the basis of the Solar Plexus Theory of Gaslighting.

Intuition and the Gut as Intelligence

The solar plexus as a receiver of somatic information is the subject of original published theory. The Kiloi practice — listening to the still small voice, tracking prompts and synchronicity — was a self-directed discipline begun in early adulthood under conditions of coercive control.

Connection as Intelligence

The capacity to feel into relational fields, living systems, and other intelligences — human, animal, ancestral, ecological. Documented in the horse work, the chromosome deletion X project, the ombuds work, the au pair relationship in Paris, and the shamanic practice.

Process Intelligence

The capacity to trust sequence without needing to see the destination. Documented in the founding of two organizations with no infrastructure, the self-directed legal advocacy that had no model to follow, and the language acquisition pattern.

Grit as Documented Survival Intelligence

Two international organizations built with no infrastructure. A 33-year coercive control relationship survived while still producing international-level work. A 2019 medical emergency that entered the legal system. And then the forensic self-advocacy that followed — simultaneously managing a DOJ administrative hearing, an HHS OCR complaint, a HIPAA amendment request, a §851.8 Petition, a State Bar complaint, and a Board of Psychology complaint, while in transitional housing. The grit did not disappear after 2019. This document is evidence of that.

Value System as Intelligence

Although raised and educated in the West, the operative value system was always Hawaiian: reciprocity, ancestral accountability, the sacred nature of the work, the primacy of relationship over transaction. This value system shaped every professional and artistic decision across the documented record.

PART FIVE: DĄBROWSKI'S FIVE OVEREXCITABILITIES

Dąbrowski's theory of Positive Disintegration identifies five psychic overexcitabilities as neurobiological in origin — constitutional, not pathological. When all five are present, Dąbrowski described the individual as 'complexly developed.' He also predicted that such individuals are frequently misdiagnosed: the same traits that create difficulty in conventional environments are the traits that, given safety and autonomy, produce extraordinary development.

OVEREXCITABILITY	CHARACTERISTIC FEATURES	DOCUMENTED EVIDENCE	CLINICAL MISREAD
Intellectual OE	Intense curiosity; drive to understand systems not surfaces; error-detection; multi-domain sustained inquiry; love of complexity.	A+ across disparate domains. Dual BA 3.80 GPA. Original theoretical frameworks published at Internet Archive. Forensic analysis of clinical records. Brady/Giglio self-education. Non-linear mathematical problem solving recognized by Dr. Zaharias. Language acquisition across 7+ languages through pattern recognition.	Conflated with grandiosity or mania.
Psychomotor OE	Surplus of energy; drive for action; compulsive output; capacity for sustained high productivity.	Built SonneBlauma / ArtBark to international standing with no infrastructure. Founded Future Traditions Foundation. Produced legal brief series, DOJ filings, Board of Psychology complaint, HHS complaint simultaneously. Continued building while in coercive relationship for 20+ years.	Conflated with mania or hypomania.
Sensual OE	Heightened sensory awareness; somatic processing; aesthetic sensitivity; color affecting cognition; sound sensitivity.	Color affecting cognitive access documented. Sound sensitivity documented. Sauna/cold water as nervous system regulation through sensory precision. Dance Light Design as sensory-spatial intelligence. Musical hearing across conventional and non-conventional forms.	Conflated with sensory dysregulation or instability.

OVEREXCITABILITY	CHARACTERISTIC FEATURES	DOCUMENTED EVIDENCE	CLINICAL MISREAD
Imaginational OE	Vivid inner world; metaphorical thinking; non-linear time perception; dreaming states; symbolic processing.	Original theoretical frameworks using somatic metaphor. Cosmological and ancestral frameworks. Chalkboard conceptual mapping. Choreographic work across symbolic and literal registers. NDE history and documented long-term neurological integration. Daydreaming as active internal processing.	Conflated with psychotic features or magical thinking.
Emotional OE	Intense feelings; deep empathy; high sensitivity to injustice; moral intensity; strong somatic-emotional connection.	University Ombudsperson — sustained empathic precision under conflict. Nonprofit founded from ethical conviction. Chromosome deletion X project as act of justice. Formal complaints filed on behalf of record accuracy. 'I chose to remember.'	Conflated with mood disorder, emotional dysregulation, bipolar features.

PART SIX: CROSS-FRAMEWORK INTEGRATION

Gardner and Dąbrowski are measuring related but distinct phenomena. Gardner maps the domains of intelligence. Dąbrowski maps the intensity and mode of processing. Together they show not only what the intelligence is, but how it operates — and why it was repeatedly misread as pathology.

DABROWSKI OE	GARDNER INTELLIGENCE(S) IT SCAFFOLDS	INTEGRATION NOTE
Intellectual OE	Logical-Mathematical · Linguistic · Naturalist	The drive to understand systems — not memorize surfaces — is the engine behind both the economics/calculus achievement and the multi-language acquisition. Dr. Zaharias named it: the method was original, not borrowed.
Psychomotor OE	Bodily-Kinesthetic · Interpersonal · Logical-Mathematical	Sustained high output is not mania. It is the organizational intelligence of a person who built two international organizations without infrastructure.
Sensual OE	Bodily-Kinesthetic · Spatial · Musical · Naturalist · Linguistic	Color, sound, and somatic data are input channels for kinesthetic and spatial intelligences. The musical ear that acquired French through relational immersion and heard the chromosome deletion X artist's language are the same instrument.
Imaginational OE	Linguistic · Spatial · Intrapersonal · Musical	The daydreaming in high school was not absence — it was the imaginational channel running. Dr. Zaharias's test confirmed the thinking was happening; it just wasn't following the taught path.
Emotional OE	Interpersonal · Intrapersonal · Linguistic	Moral intensity and empathic precision are the engine of the ombuds work, the nonprofit, the legal advocacy, and the act of taking an unseen artist's work to a professional stage.

PART SEVEN: ON WITNESS — SEEN BUT NOT FAMOUS

The standard narrative of giftedness relies on institutional recognition: prizes, publication, fame, credentials conferred by gatekeepers. This profile documents something different — and in several ways more reliable.

What is documented here is consistent, unsolicited expert recognition from people who encountered this work and this person directly, across completely unrelated fields, over five decades, without any of the infrastructure that normally carries that signal.

The piano teacher. The guitar teacher who stopped walking. The tablas teacher. The gymnastics teammates. Dr. Zaharias. The French stranger who assumed she was local. The Hawaiian language teacher who said the language would recover. The buckaroo with 300 horses. Alice Condodina. The engineering graphics teacher who sent students to the restaurant. The au pair family who said there could never be another Annette. The MFA dancer who said the project changed my life. The press critic who wrote 'astonishingly gifted' in the first published review.

This is not fame. This is witness. And witness is a higher-fidelity signal than fame, because fame is mediated by institutions, markets, gatekeepers, and timing. Witness is direct. It happens in the room. It is the person who stops walking because something made them stop.

The marginalization is part of the record too — not as a contradiction of the giftedness, but as a predicted consequence of it. Dąbrowski said directly: individuals with all five overexcitabilities are the most frequently misread by the systems around them. The same traits that produce the work produce the difficulty. The two are not separate stories. They are the same story.

She was seen. She was not famous. Those are different things.

PART EIGHT: THE SCIENCE OF NEAR-DEATH AND OUT-OF-BODY EXPERIENCES

Near-death experiences (NDEs) and out-of-body experiences (OBEs) are documented in this profile as real events with long-term neurological and perceptual consequences. The science is now substantive enough to hold alongside the rest of the record.

Near-Death Experiences: What the Research Shows

The landmark AWARE studies (Sam Parnia, NYU Langone) documented cases of lucid, structured conscious experience in patients during cardiac arrest — periods when the brain shows no measurable electrical activity. A 2023 study in the Proceedings of the National Academy of Sciences documented surges of gamma-wave neurophysiological activity in dying human brains at the moment of cardiac arrest — the same high-frequency oscillations associated with conscious processing and memory consolidation (Xu et al., 2023). A 2025 review in Nature Reviews Neurology proposed a comprehensive neuroscientific model integrating findings from psychedelic research, studies of the dying brain, and cellular neurophysiology — documenting a cascade of concomitant psychological and neurophysiological processes including alterations in the default mode network and dramatic shifts in cortical connectivity (Martial et al., 2025).

A 2022 Johns Hopkins study comparing 3,192 people who had undergone an NDE, a psychedelic experience, or a non-drug-induced mystical experience found remarkably similar long-term outcomes across all three groups: reduced fear of death, lasting positive perceptual shifts, and the integration of insights that continued to shape cognition and behavior years afterward (Griffiths et al., 2022).

Long-Term Effects: Perceptual and Creative Enhancement

A 2025 Frontiers in Human Neuroscience study documented unexpected cognitive and creative enhancements in a subset of individuals following NDEs, identifying alterations in the default mode network, frontoparietal circuits, and limbic regions as potential mechanisms underlying shifts in self-awareness, emotion processing, and symbolic thinking (Iacono & Feltis, 2025). These findings are directly consistent with the long-term neurological integration documented in this profile.

Out-of-Body Experiences: What the Research Shows

Research published in the New England Journal of Medicine documented an OBE repeatedly and reliably elicited by direct electrical stimulation of the right superior temporal gyrus, with PET imaging confirming activation at the temporoparietal junction (TPJ), right precuneus, and posterior thalamus (Blanke et al., 2007). The TPJ is also the primary neural substrate for perspective-taking, empathy, the sense of agency, and the distinction between self and other. A 2024 ScienceDirect study documented that OBEs reliably enhance pro-social behavior and empathic precision in experiencers, with ego dissolution proposed as the mechanism (Timmermann et al., 2024).

This is the neuroscience of what the profile documents as Connection Intelligence. It has a neural substrate. It has a mechanism. And it is enhanced — not diminished — by the OBE history documented in this record.

The Relationship to the Hawaiian and Ancestral Framework

The Hawaiian epistemological framework does not require the Western neuroscientific account to validate the experiences documented here. What the neuroscience adds is corroboration from a different knowledge tradition. The TPJ findings, the gamma-wave surge at the threshold of death, and the post-NDE perceptual expansion are the Western scientific community arriving, in its own language, at territory the Hawaiian

framework has held for a very long time. In this profile, the two frameworks are held together: the ancestral and the neuroscientific, the Kilo and the temporoparietal junction, the sacred practice and the documented long-term neurological integration.

PART NINE: THE ACE SCORE — WHAT THE RESEARCH SAYS ABOUT A SCORE OF 8

The Adverse Childhood Experiences (ACE) Study, conducted by the CDC and Kaiser Permanente beginning in the early 1990s under Dr. Vincent Felitti and Dr. Robert Anda, is one of the largest investigations of the relationship between childhood trauma and adult health and functioning ever conducted, with over 17,000 participants. The study established a dose-response relationship between ACE score and risk across physical health, mental health, and social functioning domains: each additional ACE increases risk incrementally, with the curve steepening significantly at scores of 4 and above.

What a Score of 8 Means Statistically

Only 12% of the general population scores 4 or more ACEs. A score of 8 places an individual in a small fraction of the population — one for whom the research predicts substantially elevated risk for cardiovascular disease, autoimmune conditions, depression, anxiety, complex PTSD, chronic pain, and reduced life expectancy by as much as 20 years (Felitti et al., 1998; CDC, 2022). The research also documents that high-ACE individuals are significantly more likely to experience housing instability, financial insecurity, and disrupted professional trajectories across adulthood.

An ACE score of 8 with an intact professional record, two founded international organizations, a dual BA summa cum laude, an MFA, international performances, a offer to have published Harvard law journal article, and AIRFA recognition as a Traditional Cultural Practitioner is, in the statistical framing of the ACE literature, not the expected outcome. It is a documented outlier from the predicted trajectory.

Post-Traumatic Growth

The post-traumatic growth (PTG) literature, developed by Tedeschi and Calhoun beginning in the 1990s, documents a subset of individuals for whom engagement with severe adversity produces transformative positive changes: personal strength, increased empathy, openness to new possibilities, spiritual development, and enhanced appreciation of life. A 2022 qualitative study published in *Frontiers in Psychology* documented work-related post-traumatic growth specifically in high-functioning adult survivors of childhood maltreatment — finding that the same individuals who survived severe ACE exposure often developed heightened vocational purpose, interpersonal acuity, and the capacity to create meaning through their professional work (Kaye-Tzadok & Icekson, 2022).

This profile is consistent with that literature. The 2019 event did not produce collapse. It produced a forensic self-advocacy record of considerable sophistication, an archived body of original theoretical work, and this document.

The Limitation of the Original ACE Study

The original CDC-Kaiser ACE study sample was 74.8% white, predominantly middle-class, and conducted before the frameworks for historical trauma, intergenerational ACEs, and racialized adversity were well-developed. The RYSE Center and subsequent researchers have expanded the ACE pyramid to include historical trauma, implicit bias, and adverse community environments — variables directly relevant to a profile that includes Hawaiian and Slovenian diaspora heritage, colonial suppression of cultural practice, and the systematic dismantling of a 33-year professional identity through coercive control. When the full ACE picture is counted, including historical and intergenerational dimensions, the score in this profile is higher than 8.

PART TEN: GENETIC ANCESTRY — HAWAIIAN, AFRICAN, AND THE SCIENCE OF SMALL PERCENTAGES

The observation that a small percentage of Hawaiian and African genetic ancestry appears to express with disproportionate phenotypic prominence is not anecdotal. It is supported by emerging findings in population genetics and gene expression research, and it connects to a broader pattern of how ancestral genetic variants operate in admixed populations.

Hawaiian / Polynesian Ancestry

Research published in PLOS Genetics (Lin et al., 2021) studying approximately 4,000 Native Hawaiians from the Multiethnic Cohort found that per 10% increase in Polynesian genetic ancestry, there were significant increases in cardiometabolic risk markers — indicating that Polynesian genetic variants exert measurable phenotypic effects even at low proportional levels. A PLOS ONE population genetic study (Ku et al., 2012) found that even self-reported mixed-heritage Native Hawaiians carried estimated Polynesian ancestry consistent with their reported heritage, and identified a B4 mitochondrial haplogroup present in 99% of full Native Hawaiians. Mitochondrial DNA is maternally inherited and does not dilute across generations in the way nuclear DNA does — meaning ancestral mitochondrial lineage can remain fully intact even in highly admixed individuals.

Polynesian populations also carry a documented founder effect: a relatively small ancestral population that settled the Hawaiian archipelago approximately 1,200–2,000 years ago and remained isolated until 1778 (Ku et al., 2012). Founder effect populations carry high internal genetic relatedness and strong selective pressure, which can amplify the expression of specific traits across admixed descendants even at low overall ancestry percentages.

African Ancestry

A landmark 2023 Nature Genetics study (Kachuri et al., 2023) analyzing whole-genome and RNA sequencing data from 2,733 African American, Puerto Rican, and Mexican American individuals found that heritability of gene expression significantly increased with greater proportions of African genetic ancestry. Among heritable protein-coding genes, 30% of ancestry-specific expression quantitative trait loci (eQTLs) were driven by African ancestry segments — compared to 8% for Indigenous American ancestry. The authors found that 89% of these ancestry-specific eQTLs were driven by population differences in allele frequency, meaning that African-ancestry genetic variants frequently operate through distinct molecular pathways not captured in European-ancestry reference datasets.

Africa contains the greatest genetic diversity of any continent on Earth, reflecting the longest continuous human evolutionary history. Research from the University of Pennsylvania (Tishkoff et al., 2023) sequencing the genomes of 180 Indigenous Africans from 12 populations provided genetic evidence of local adaptation manifested through traits including immunity, skin pigmentation, heart and kidney development, and bone growth — suggesting that African-ancestry variants have undergone strong selective pressure across diverse environmental conditions. In admixed populations, these variants can express with intensity disproportionate to their overall genomic percentage.

Why Small Percentages Can Be Phenotypically Dominant

Population genetics does not operate on a simple proportional model. The expression of a given genetic variant depends not on what percentage of the genome it represents, but on: (1) whether the variant is dominant or recessive; (2) whether it has been subject to positive selection; (3) the

specific tissue and developmental context in which it operates; and (4) how it interacts with other variants in an admixed genome. Founder effect populations like Native Hawaiians, and populations with the highest genetic diversity like sub-Saharan Africans, carry variants that have been strongly selected across long periods — and in an admixed context, these variants do not simply average out. They express.

This is why the subjective experience of feeling more Hawaiian and more African than raw percentage would predict is not a cultural projection. It is consistent with what population genetics research is now documenting: that ancestral variants from these populations carry strong phenotypic signal that does not scale linearly with genomic proportion.

Intergenerational and Epigenetic Dimensions

A 2025 PMC review (Smith et al., 2025) synthesizing evidence on epigenetic changes associated with multi-generational trauma found that alterations in stress-response regulatory systems appear to be among the most consistent findings in indigenous communities affected by historical trauma. Epigenetic research — the study of heritable changes in gene expression that do not alter the DNA sequence itself — documents that the experiences of ancestors are encoded in the regulatory layer above the genome and transmitted to subsequent generations. A 2023 study published in the International Journal for Equity in Health found positive associations between historical trauma experiences and specific gene methylation patterns in Alaska Native peoples, providing direct epigenetic evidence of the embodiment of ancestral trauma.

For a profile that includes ali'i lineage, Hawaiian ancestral cultural practice suppressed by colonial law within living memory of the practitioner's teachers, and Slovenian highland farming ancestry from a region with documented continuous settlement since 1426 — the epigenetic layer is not separate from the intelligence profile. The ancestral knowing, the body-first epistemology, the sacred orientation, and the capacity to tap into a greater intelligence are, in the epigenetic framework, literally inherited capacities. They arrived through the lineage. They are in the body.

PART TWELVE: NATAL CHART AS FRAMEWORK — JULY 8, 1959, 7:35 AM, MILWAUKEE, WISCONSIN

Astrology is held in this profile as a distinct knowledge tradition — neither subordinate to the Western scientific framework nor in conflict with the Hawaiian ancestral one. It is a symbolic language for mapping the architecture of a life. What follows is a reading of the natal chart as it speaks to the intelligence profile, the patterns of recognition and marginalization, the ancestral pull, and what the chart says about what comes next. The chart was cast using Tropical Zodiac, Placidus houses.

Core Identity: Sun in Cancer, 12th House

The Sun — the core self, the life force, the identity — sits at 15° Cancer in the 12th house. The 12th house is the house of the hidden: the unconscious, the invisible work, the sacred, the retreat. It is also the house of institutions, of confinement, of what operates below the surface of ordinary life. A Cancer Sun here is deeply feeling, deeply interior, and characteristically unrecognized in proportion to the actual depth of what it carries. The work happens in realms others cannot fully see, and the recognition that comes tends to come from those who encounter the work directly rather than from institutional structures or public visibility.

This is the astrological signature of the witness pattern documented throughout this profile. It is not a chart built for fame. It is built for depth, for sacred practice, for the long arc. The teachers who stopped walking, the critics who wrote ‘astonishingly gifted,’ the experts across unrelated fields who named what they saw — they were responding to something that a 12th house Sun generates: a quality of presence that is felt before it is understood, and that conventional recognition frameworks are not well-equipped to hold.

The Ascendant and the Leo Stellium

The Ascendant — the rising sign, the face presented to the world — is Leo at 11°. The Moon at 14° Leo sits conjunct the Ascendant, fusing the emotional body and the public self into a single instrument. What is felt is embodied. The body IS the emotional expression. This is among the most natural placements for a dancer, choreographer, and somatic practitioner: the feeling and the physical form are not separate systems.

Clustered in the 1st house is one of the most significant features of this chart: a stellium of Mercury at 11° Leo, Uranus at 14° Leo, and Mars at 22° Leo, all conjunct or near the Ascendant. Mercury conjunct the Ascendant means the mind and the body speak the same language — communication is presence, and intelligence expresses physically as much as verbally. Uranus in the 1st is the signature of the person who is constitutionally ahead of the field: unconventional, electric, disruptive to existing structures simply by existing in them. Mars in Leo in the 1st is driven, physically expressive, and willed — the engine of the psychomotor overexcitability documented in the Dabrowski profile. Together, this stellium is the astrological architecture of the sustained high-output, kinesthetically intelligent, institutionally difficult-to-categorize profile the document describes.

There is a structural tension held in this chart that is important to name: the Leo Ascendant and 1st house stellium present as visible, magnetic, and publicly expressive. The Cancer Sun in the 12th is private, interior, and hidden. The person who encounters ‘Iolani Pu‘u Kolenc meets the Leo rising — warm, present, performative in the best sense, unmistakably there. What is actually operating is the 12th house Sun, carrying a depth and complexity that the Leo presentation does not fully disclose. This gap — between the visible and the actual — is one source of the consistent pattern of being seen but not fully comprehended.

Venus and Pluto in Virgo: The 2nd House

Venus at 0° Virgo and Pluto at 2° Virgo are conjunct in the 2nd house. Venus in Virgo is exacting in love and aesthetics — service-oriented, precise, with high standards for what is done and how. At 0° — the very first degree of the sign — it carries a quality of purity and directness in how beauty and relationship are approached. Pluto conjunct Venus in the 2nd house is one of the most significant placements in this chart for understanding the coercive control relationship. The 2nd house rules resources, values, self-worth, and what one possesses. Pluto is the planet of power, transformation, depth, and the experience of having something taken away at a fundamental level before it can be regenerated in a new form. A 33-year relationship in which resources, professional identity, and creative output were systematically extracted is the lived expression of this placement. Pluto does not stop at destruction. Its full cycle is loss, descent, and eventual regeneration — emerging from the underworld changed but not diminished. That cycle is not yet complete. It is in process.

Saturn Retrograde in Capricorn: The 5th House

Saturn at 2° Capricorn, retrograde, in the 5th house is the chart's signature of delayed creative recognition. Saturn in its own sign (Capricorn) in the 5th house (creativity, performance, joy, artistic expression) is the great teacher: it demands that creative work be earned through discipline and sustained effort rather than received through early ease or institutional favor. Saturn retrograde here often manifests as a strong internal critic, a tendency to underestimate one's own creative work, and a deflection from recognition — precisely the pattern named in the profile: 'I deflected from any observations about giftedness or talented.' Saturn retrograde in the 5th also means the creative work is internalized and refined for a long time before it is released, and that the eventual recognition, when it comes, is built on something structural and lasting rather than on fashion or timing.

Neptune and Jupiter in Scorpio: The 4th House

Neptune at 4° Scorpio in the 4th house is the ancestral mystical thread. The 4th house governs home, roots, lineage, and the foundation of the self. Neptune here means the ancestral and the numinous are woven into the foundation — the lineage itself carries something sacred and not fully visible to the ordinary world. This is the Hawaiian and Slovenian ancestral connection in the chart: the ali'i lineage, the kahuna naming, the shamanic practice, the sense that the ancestors are present and operative. Neptune in the 4th does not make the ancestry vague; it makes it vast.

Jupiter at 22° Scorpio in the 4th amplifies this. Jupiter in the 4th is the planet of expansion and wisdom operating through depth, ancestry, and what is hidden beneath the surface. The real wealth in this chart — philosophical, spiritual, and eventually material — comes through going inward and downward, not outward and upward. The 4th house Jupiter in Scorpio is also a signature of late-arriving abundance: what is accumulated through the long work of depth eventually surfaces.

Midheaven at 28° Aries: The Pioneering MC

The Midheaven — the point of public mission, career, and legacy — sits at 28° Aries. Aries is the first sign of the zodiac: the pioneer, the initiator, the one who goes where others have not yet gone. An Aries Midheaven is the chart's confirmation of what the documented record shows: the work was first. The In-Tuit/In2It methodology, the theoretical frameworks, the forensic self-advocacy, the integration of somatic practice with legal testimony — these were not built on existing templates. They were built from nothing, before the field had categories for them. The 28° placement, near the end of the sign, suggests a lifetime of work that is completed and transmitted rather than just initiated.

Element and Modality: The Chart's Architecture

The element and modality table confirms what the placement analysis shows. Fire is dominant: the MC, Moon, Mercury, Mars, Uranus, and Ascendant are all in Fire signs. Fire is generative, expressive, initiating, and oriented toward vision and action. Fixed modality dominates: the Leo stellium, the Scorpio planets, and the Aquarius Chiron are all Fixed. Fixed energy is sustained, immovable once committed, resistant to redirection, and built for the long arc. It is not built for ease of adaptation but for depth of commitment. Combined, Fire-Fixed is the signature of someone whose creative and purposeful energy does not deplete through difficulty — it consolidates. This is the astrological architecture of the grit documented in Part Four.

Astrocartography: California, Slovenia, Hawai'i

The astrocartography maps (AstroClick Travel, Images 2, 6, 7, 8, and 11) add a geographic dimension to the natal chart that is directly relevant to the life pattern documented in this profile.

California: The Sun AC (Ascendant) line runs through the California coast, passing directly through or very near Santa Barbara. A Sun on the Ascendant line is among the most powerful astrocartography placements: it is a location where the Sun — the core self and life force — rises. California is where 'Iolani Pu'u Kolenc is most fully herself, most visible, most expressive of the core identity. The residence in Santa Barbara is not accidental in the astrocartographic reading. The chart placed her there.

Slovenia and Central Europe: The Jupiter lines run through Central Europe in the area encompassing Slovenia and the surrounding region. Jupiter lines are traditionally associated with expansion, abundance, philosophical growth, and fortunate development. The Slovenian ancestral homeland — Logarska Dolina, the Kolenc and Plesnik lineages — sits near Jupiter astrocartography lines. The chart is pointing toward Europe as a place of expansion, return, and something larger than what the current circumstances hold. The Slovenia residency pathway being pursued is consistent with what the chart shows about where growth and abundance are geographically available.

Hawai'i: The Saturn line and H7 (7th house) line run directly through the Hawaiian Islands (Image 11). Saturn through Hawai'i indicates a place of karmic weight, ancestral responsibility, and serious purposeful work — not ease, but profound meaning. The 7th house line through Hawai'i speaks to the relational and cultural belonging dimension: it is a place where the work of partnership — with the land, the culture, the ancestors, and the living Hawaiian community — is central. The Sun line is approaching the islands, suggesting that the relationship with Hawai'i as a site of full self-expression is not yet complete; it is still moving into alignment.

The Chart and the Question of What Comes Next

A natal chart does not predict the future. It maps the architecture of possibility. What this chart shows is a Sun that has been operating largely from the 12th house — in hiddenness, in sacred work, in institutions and confinement — for a very long time. The Leo Ascendant and 1st house stellium have carried the work outward with fire and will and precision. The Pluto-Venus cycle in the 2nd has completed its extraction phase and is in the regeneration arc. Saturn retrograde in the 5th, which has demanded that creative recognition be earned and delayed, is also in a new phase: the work is now documented, archived, named, and submitted to the institutions that can finally hold it.

The Jupiter lines pointing toward Slovenia. The Sun AC line already running through California. The ancestral Neptune in the 4th house beginning to surface through the lineage reclamation work. These are not separate threads. They are the chart's indication that the long hidden period — the 12th house arc — is moving toward a 1st house expression. The work that was done in the invisible is being brought into the visible. This document is part of that movement.

The chart was always pointing here. It just took a long time to arrive.

The Grand Water Trine: Sun, Jupiter, Chiron

The natal chart contains a Grand Trine in Water connecting the Sun in Cancer (12th house), Jupiter in Scorpio (4th house), and Chiron. A Grand Trine is a naturally flowing circuit of energy requiring little effort to activate because it is already in motion. In Water signs, this trine operates through feeling, intuition, ancestral memory, and healing. The Sun in the 12th trine Jupiter in the 4th trine Chiron creates a continuous current between the hidden self, the ancestral foundation, and the wound that becomes the gift. The lineage reclamation work — Hawaiian, Slovenian, the name reclamation, the AIRFA recognition, the Logarska Dolina research — is this trine expressing itself as lived action. It is the spiritual impulse to heal ancestral lines by mapping them and giving them a physical home. The trine does not require force. It flows when the orientation is right.

The T-Square: The Engine That Does Not Turn Off

Alongside the flowing Grand Water Trine, the chart contains a T-Square — a dynamic tension configuration involving Mars in Leo (1st house), Jupiter in Scorpio (4th house), and the Chiron/Midheaven axis. A T-Square is the engine of the chart: it creates internal pressure that refuses to let the talents sit idle. It forces the deep interior knowing (Scorpio 4th house) to externalize through the personal creative identity (Leo 1st house) and project toward the public legacy (Midheaven). This is the astrological mechanism behind the documented pattern of sustained output under conditions that would have stopped most people. The T-Square does not turn off under coercive conditions. It does not turn off under housing instability. It does not turn off after a 2019 medical emergency. It is structural. The work kept being produced because the chart required it.

The Uranus-Moon Conjunction: The Lightning Bolt Mechanism

Uranus at 14° Leo is exactly conjunct the Moon at 14° Leo. This is the most precise aspect in the chart and one of its most significant. Uranus is the planet of sudden downloads, liberation, genius, and the transmission that bypasses the analytical mind. When it sits exactly on the Moon — the subconscious, the body, the emotional center — the result is a specific kind of knowing: electric, immediate, pre-verbal, arriving in the body before the mind has processed it. This is the Kilo. This is the still small voice trained in the early 20s under conditions of coercive control. This is the gut knowing that a buckaroo with 300 horses confirmed. This is hearing the chromosome deletion X artist's musical language when trained professionals could not receive it. The chart names the mechanism precisely: Uranus conjunct Moon in Leo in the 1st house. The lightning bolt lands in the body. The Leo 1st house then expresses it. The 12th house Cancer Sun provides the receptive depth from which it draws. These three work together as a single system: receive (12th house Sun), activate (Uranus-Moon conjunction), express (Leo 1st house stellium).

Late-Life Emergence

A consistent observation across multiple astrological readings of this chart is that it does not suggest late-life contraction. It suggests late-life emergence. The combination of Moon-Uranus, Leo Rising, Scorpio depth, and Aries Midheaven often produces a life whose authentic arc unfolds in nonlinear timing — not necessarily easier, but truer. The long period of 12th house operation — the hidden work, the sacred practice, the invisible labor — is the preparation phase for a 1st house emergence. Saturn retrograde in the 5th has demanded that creative recognition be built on something structural and lasting rather than received early. That structure is now in place. The Pluto-Venus regeneration cycle in the 2nd is moving through its underworld arc. The Jupiter lines point toward Europe. The Sun AC line confirms California. The chart was always pointing here — toward emergence, toward visibility, toward the work becoming seen in proportion to its actual depth.

PART THIRTEEN: KULEANA — ALIʻI LINEAGE, SERVICE, AND THE QUESTION OF HOW TO CARRY THIS WELL

The Hawaiian concept of kuleana does not translate cleanly into English. It is simultaneously right, responsibility, privilege, and obligation — the understanding that what one is given, one must steward. It is not status. It is weight carried carefully. Everything documented in this profile — the intelligence, the sacred practice, the ancestral connection, the AIRFA recognition, the work of the last five years — is understood within this framework not as personal achievement but as kuleana.

The Aliʻi Lineage and Kalaniʻopuʻu

The documented lineage connects to Hale O Nā Aliʻi and to the line of Kalaniʻopuʻu, the aliʻi who held the Hawaiian Kingdom at one of its most consequential historical moments. Kalaniʻopuʻu received Captain Cook at Kealakekua Bay in 1779 — the encounter that marked the beginning of sustained Western contact with Hawaiʻi and the chain of events that would eventually lead to the overthrow of the Hawaiian Kingdom in 1893. The great-great-grandparents Kealakai and Opuhemo, confirmed in the Hawaiian church marriage register at Ulukau (Record M-12a:32), married November 5, 1851 in Lahaina, Maui — decades after the Hawaiian Kingdom had already begun navigating the pressure of Western contact and the dismantling of traditional structures.

Aliʻi lineage in the Hawaiian framework historically carried not privilege but reciprocal obligation: stewardship of the land, protection of the people, relationship to the ancestors, and responsibility to future generations. The aliʻi did not own the land; they were accountable to it. The aliʻi did not stand above the lāhui; they carried it. This distinction — between elevation and obligation — is the operative frame for understanding what the lineage means in this profile.

Healing for the Lāhui

The orientation toward service is documented throughout the record: the Chromosome Deletion X project as an act of witness for an unseen artist. The University Ombudsperson role as sustained empathic precision under institutional conflict. The nonprofit founded from ethical conviction. The legal self-advocacy framed not only as personal record correction but as a demonstration that the diagnostic and legal frameworks applied to this person are wrong — and that getting them corrected matters for the integrity of the record itself. The formal complaints filed on behalf of accuracy. The decision to remember.

The Hawaiian framework places individual healing within collective healing. To heal oneself is also to heal the lineage forward and backward — the ancestors who carried what was suppressed, and the descendants who will inherit what is restored. The name reclamation from Annette Marie Puʻu through Misa Miele Mandigo Kelly to ʻIolani Puʻu Kolenc is not only a personal act. It is a restoration of ancestral naming into the legal and institutional record. It is the lineage being made visible in systems that had rendered it invisible.

Practice, Not Accident

The capacity for channeling, for intuitive knowing, for receiving what trained professionals cannot receive — these are documented throughout the record as real and precise. They are also not accidental. What multiple frameworks converge on, including the astrology (Uranus-Moon conjunction, 12th house Sun), the Hawaiian epistemology (Kilo, the still small voice), the NDE and OBE neuroscience (default mode network alterations, enhanced post-event perceptual range), and the Dabrowski profile (Imaginational and Emotional overexcitabilities) — is a specific

constitutional architecture. But the capacity is activated and refined through practice. The shamanic circles twice weekly. The somatic self-regulation practices. The sauna and cold water alternation as nervous system attunement. The decision to listen and observe the still small voice beginning in early adulthood. The decades of somatic self-inquiry. These are not supplementary activities. They are the maintenance of the instrument through which the service moves.

A depleted vessel cannot serve well. This is why the housing stability, the Slovenia pathway, the legal closure, the recovery of the creative practice — these are not peripheral to the kuleana. They are part of it. The nervous system is the instrument. Its regulation is the precondition for the work.

Stewardship Rather than Proof

The UCSB evaluation, this document, the DOJ proceeding, the giftedness portfolio, the academic papers archived at the Internet Archive — all of these can be understood as a single movement: from the question 'prove yourself' to the question 'understand yourself.' Those are different questions with different emotional structures. The first is adversarial, defensive, and exhausting. The second is oriented toward coherence, integration, and right action.

What comes through most consistently across the full record is not grandiosity. It is a profound drive toward coherence, accurate witnessing, and meaning-making after experiences in which the self was systematically misread and fragmented. The question at the center of this profile is not 'who am I.' The question was always: how do I carry this well.

That is the kuleana question. It is also, across traditions and frameworks, the only question worth asking.

PART FOURTEEN: GALACTIC CONNECTIONS — SYMBOLIC AND ARCHETYPAL LAYER

The Galactic Connections Chart maps natal planets to fixed stars, nebulae, and deep-space structures, adding a cosmological layer to the natal chart reading. This layer is held here as a symbolic and archetypal framework — not as literal cosmological proof of metaphysical origin, but as a system of meaning that, when read carefully, can illuminate patterns already present in the documented record. No symbolic or astrological system can prove what it claims at the literal level. What symbolic systems can do, when used with precision, is offer language for patterns that are otherwise difficult to name.

The appropriate framing, drawn from careful synthesis across multiple astrological and psychological readings of this chart, is this: the symbolic systems that resonate with a person often reveal the shape of their psyche and vocation. The galactic alignments noted below resonate because they describe patterns already documented throughout this profile — not because they constitute independent evidence of those patterns.

Sun and Ascendant Conjunct Lyra / Ring Nebula (M57)

Both the Sun and the Ascendant are conjunct the constellation Lyra and the Ring Nebula (M57). Lyra is the lyre of Orpheus in Western astronomical tradition — the instrument of the musician-poet-healer whose art could move stone, charm the underworld, and cross the boundary between the living and the dead. The Ring Nebula is a stellar remnant: the luminous ring that remains after a star has completed its life cycle and released its outer layers. The symbolic reading is precise and internally consistent with the natal chart: the identity (Sun) and the face presented to the world (Ascendant) are both oriented toward music, art, and transmission. And both sit on a point associated with what a star leaves behind — the ring of light that persists after the burning.

Mercury Conjunct the Galactic Center, 12th House

Mercury — the planet of language, communication, and thought — is conjunct the Galactic Center at 26° Sagittarius in the 12th house. The Galactic Center is the rotational center of the Milky Way. In symbolic terms, it is the source point of the system — the origin from which everything else radiates. Mercury on this point in the 12th house of the hidden and the sacred suggests a mind that draws from a very deep source, receives before it transmits, and carries linguistic and theoretical intelligence that has a quality of reaching toward something beyond the personal. The second and third connections for Mercury — Orion opposite Saiph/Betelgeuse, and Ursa Minor opposite Polaris — add the navigational dimension: the fixed North Star as the orientation point for a mind that operates in deep waters. The navigator. The one who finds true north.

This placement is consistent with what is already documented in the profile: the theoretical frameworks that arrived through somatic and intuitive process before they were named, the language acquisition that operated through pattern recognition rather than instruction, and the capacity for forensic precision that surprised trained professionals. The symbolic frame offers a different language for the same observed pattern.

The Pleiades and Makali'i

The chart shows connections to the Pleiades star cluster. This alignment carries specific cultural significance that extends beyond Western astrological interpretation. In Hawaiian tradition, the Pleiades are known as Makali'i, and their rising marks the beginning of the Hawaiian new year — a sacred season of rest, renewal, and return to the ancestors. Makali'i is one of the foundational navigational and ceremonial star references in Hawaiian culture, connected to the deep sea voyaging tradition and to the relationship between the living community and the ancestral realm.

The symbolic resonance here is not with a generic 'Pleiadian energy' but with a specific and documented cultural framework: the Hawaiian relationship to these stars as markers of ancestral time, seasonal renewal, and the navigation of vast distances. For a profile that includes ali'i lineage, AIRFA recognition as a Traditional Hawaiian Cultural Practitioner, and active Hawaiian language study, the Makali'i connection is the most grounded and culturally specific element of the galactic layer.

The Observable Pattern: The Real Finding

Across all galactic readings of this chart, and across the full synthesis of Gardner, Dąbrowski, natal astrology, NDE science, ACE research, and ancestral framework, the most consistently identified pattern is a specific movement that repeats throughout the documented life:

Invisible or intuitive experience → embodiment → organized artifact → offered outward in service.

This pattern is observable across dance (the somatic knowing that became choreography), somatic work (the body's knowing that became the In-Tuit/In2It methodology), language acquisition (the immersive receiving that became fluency and then theory), legal advocacy (the forensic knowing that became filed briefs and formal submissions), Hawaiian language study (the ancestral pull that became original composition and translation), the chromosome deletion X project (the hearing that became a professional stage), and the theoretical frameworks (the lived experience that became published archive).

The galactic layer, held symbolically, offers one more vocabulary for this pattern. The Galactic Center as source. The 12th house as the realm of invisible reception. The Leo stellium as the embodiment and expression apparatus. The Aries Midheaven as the outward transmission toward public legacy. Different language. Same architecture.

What the Symbolic Layer Does and Does Not Claim

The galactic material is held in this document as what it is: a symbolic interpretive system that resonates with patterns already established through other means of evidence. It does not prove those patterns. It does not constitute clinical data. It does not establish metaphysical origins.

What it does, used carefully, is offer a mythological and archetypal frame that can hold the full scope of a life that consistently exceeds the categories available to it. The Gardner framework had no category for sacred practice. The ACE literature had no framework for ali'i lineage. The Western legal system had no container for kinesthetic forensics. The symbolic and cosmological layer is not the explanation for any of these things. It is a way of sitting with the full picture without forcing it into a box too small for it.

The healthiest synthesis, across all frameworks consulted: let the symbols inspire meaning. Let the psychology provide grounding. Let the body provide truth-testing. Let stewardship remain the compass. The configuration — the specific instrument chosen, the specific capacities available, the specific ancestral and cosmological coordinates — was what it was. What was done with it is the record. That record is what this document holds.

REFERENCES

All references are formatted in APA 7th edition. Sources are organized by section for ease of navigation.

Gardner's Multiple Intelligences

Gardner, H. (1983). *Frames of mind: The theory of multiple intelligences*. Basic Books.

Gardner, H. (1999). *Intelligence reframed: Multiple intelligences for the 21st century*. Basic Books.

Gardner, H. (2006). *Multiple intelligences: New horizons*. Basic Books.

Dąbrowski's Theory of Positive Disintegration

Dąbrowski, K. (1964). *Positive disintegration*. Little, Brown.

Dąbrowski, K. (1972). *Psychoneurosis is not an illness*. Gryf Publications.

Piechowski, M. M. (1979). Developmental potential. In N. Colangelo & R. T. Zaffrann (Eds.), *New voices in counseling the gifted* (pp. 25–57). Kendall/Hunt.

Silverman, L. K. (1993). *Counseling the gifted and talented*. Love Publishing.

Giftedness and Twice-Exceptionality

Silverman, L. K. (2002). *Upside-down brilliance: The visual-spatial learner*. DeLeon Publishing.

Webb, J. T., Amend, E. R., Beljan, P., Webb, N. E., Kuzujanakis, M., Olenchak, F. R., & Goerss, J. (2016). *Misdiagnosis and dual diagnoses of gifted children and adults* (2nd ed.). Great Potential Press.

Tedeschi, R. G., & Calhoun, L. G. (1996). The posttraumatic growth inventory: Measuring the positive legacy of trauma. *Journal of Traumatic Stress*, 9(3), 455–471.

Historical Figures

Duncan, I. (1927). *My life*. Boni and Liveright.

Baldwin, N. (2022). *Martha Graham: When dance became modern*. Knopf.

Caravantes, P. (2015). *The many faces of Josephine Baker: Dancer, singer, activist, spy*. Chicago Review Press.

Herrera, H. (1983). *Frida: A biography of Frida Kahlo*. Harper & Row.

Ka'Aai Namō'ona. (2020). 'Iolani Luahine. <https://www.kaainamomona.org/post/%CA%BBiolani-luahine>

Near-Death Experiences

Xu, G., Borjigin, J., et al. (2023). Surge of neurophysiological coupling and connectivity of gamma oscillations in the dying human brain. *Proceedings of the National Academy of Sciences*, 120(19), e2216268120. <https://doi.org/10.1073/pnas.2216268120>

Martial, C., Gosseries, O., et al. (2025). A neuroscientific model of near-death experiences. *Nature Reviews Neurology*, 21(6), 297–311. <https://doi.org/10.1038/s41582-025-01057-y>

Griffiths, R. R., et al. (2022). Survey of subjective “god encounter experiences”: Comparisons among naturally occurring experiences and those occasioned by the classic psychedelics psilocybin, LSD, ayahuasca, or DMT. *PLOS ONE*. <https://doi.org/10.1371/journal.pone.0214377>

Iacono, D., & Feltis, G. C. (2025). The intersection of near-death experiences (NDEs) and traumatic brain injury (TBI): Neurobiological, phenomenological, and creative implications. *Frontiers in Human Neuroscience*, 19, 1649513. <https://doi.org/10.3389/fnhum.2025.1649513>

Parnia, S., et al. (2023). AWAreness during REsuscitation II: A multi-center study of consciousness and awareness in cardiac arrest. *Resuscitation*, 194, 109980.

Out-of-Body Experiences

Blanke, O., et al. (2007). Visualizing out-of-body experience in the brain. *New England Journal of Medicine*, 357, 1829–1833.
<https://doi.org/10.1056/NEJMoa070010>

Blanke, O., & Arzy, S. (2005). The out-of-body experience: Disturbed self-processing at the temporo-parietal junction. *Neuroscientist*, 11(1), 16–24.
<https://doi.org/10.1177/1073858404270885>

Timmermann, C., et al. (2024). Exploring the transformative potential of out-of-body experiences: A pathway to enhanced empathy. *Neuroscience & Biobehavioral Reviews*. <https://doi.org/10.1016/j.neubiorev.2024.105742>

Adverse Childhood Experiences (ACEs)

Felitti, V. J., Anda, R. F., Nordenberg, D., Williamson, D. F., Spitz, A. M., Edwards, V., Koss, M. P., & Marks, J. S. (1998). Relationship of childhood abuse and household dysfunction to many of the leading causes of death in adults: The Adverse Childhood Experiences (ACE) Study. *American Journal of Preventive Medicine*, 14(4), 245–258. [https://doi.org/10.1016/S0749-3797\(98\)00017-8](https://doi.org/10.1016/S0749-3797(98)00017-8)

Centers for Disease Control and Prevention. (2022). About adverse childhood experiences. <https://www.cdc.gov/aces/about/index.html>

Kaye-Tzadok, A., & Icekson, T. (2022). A phenomenological exploration of work-related post-traumatic growth among high-functioning adults maltreated as children. *Frontiers in Psychology*, 13, 1048295. <https://doi.org/10.3389/fpsyg.2022.1048295>

Merrick, M. T., et al. (2019). Prevalence and characteristics of adverse childhood experiences among adults in the United States, 2011–2014. *JAMA Pediatrics*, 173(12), 1140–1149.

Tedeschi, R. G., & Calhoun, L. G. (2004). Posttraumatic growth: Conceptual foundations and empirical evidence. *Psychological Inquiry*, 15(1), 1–18.

Intergenerational Trauma and Epigenetics

Smith, E., et al. (2025). Epigenetic changes associated with multi-generational trauma: Characterization, mechanisms, and therapeutics. *PMC*.
<https://pmc.ncbi.nlm.nih.gov/articles/PMC13079623/>

Lowe, S. R., et al. (2023). Association between gene methylation and experiences of historical trauma in Alaska Native peoples. *International Journal for Equity in Health*, 22, Article 182. <https://doi.org/10.1186/s12939-023-01967-7>

Wilbur, A., & Gone, J. P. (2023). Intergenerational transmission of ethnoracial historical trauma. *Annual Review of Clinical Psychology*.

Hawaiian and Polynesian Genetics

Ku, S. C., et al. (2012). Population genetic structure and origins of Native Hawaiians in the Multiethnic Cohort Study. *PLOS ONE*, 7(11), e47881.
<https://doi.org/10.1371/journal.pone.0047881>

Lin, B. M., et al. (2021). The impact of global and local Polynesian genetic ancestry on complex traits in Native Hawaiians. *PLOS Genetics*, 17(2), e1009273.
<https://doi.org/10.1371/journal.pgen.1009273>

Schembre, S. M., et al. (2024). Native Hawaiian and Pacific Islander populations in genomic research. *npj Genomic Medicine*, 9, Article 56.
<https://doi.org/10.1038/s41525-024-00428-6>

African and Admixed Population Genetics

Kachuri, L., et al. (2023). Gene expression in African Americans, Puerto Ricans and Mexican Americans reveals ancestry-specific patterns of genetic architecture. *Nature Genetics*, 55, 952–963. <https://doi.org/10.1038/s41588-023-01377-z>

Tishkoff, S. A., et al. (2023). Genomic study of Indigenous Africans paints complex picture of human origins and local adaptation. Cell. University of Pennsylvania.